

The psychology of uncertainty

How can leaders and businesses thrive in unprecedented times?

Join us for a virtual conversation

We are hosting a series of sessions in April and May:
www.centrepath.eventbrite.co.uk

Many companies and leaders are scrambling to identify how they operate in this rapidly changing world. Some are in survival mode, some are wondering how to respond to the surge in demand, others dealing with the pragmatic process of keeping their business going in a virtual environment. In the next week or two, all businesses are going to be dealing with some fundamental questions:

- How do we support ourselves and our colleagues through the multiple challenges of home working, isolation, uncertainty and change?
- How do we continue to focus on our business conversations whilst holding space for the real and immediate personal experiences of our colleagues?
- How do we create and maintain connection and engagement in a virtual environment?
- How do we evolve our conversations, decision-making and team processes to ensure we respond as effectively as we can?

A series of interactive presentations and discussions sharing the latest research, experiences and best practice:



Individual support and resources for living in uncertainty

Individuals

- How do we help ourselves and others be more confident in uncertainty?
- What is really going on in our brains at this time?
- How do we better connect with ourselves to respond elegantly in challenging times?
- How do we build resilience?



Evolving our team and group dynamics in a virtual world

Teams

- How do we maintain connection when the usual ad-hoc interaction has gone?
- How do we remain emotionally intelligent through a computer screen?
- How do we balance the immediate individual emotions and needs with the collective experience and need to do work?



Doing business in complexity and uncertainty

Business

- Rethinking the way in which we engage our employees
- Resisting the urge for simplicity and certainty – when that is all we desire!
- Ensuring we keep enough time for divergence and exploration when relying on technology and process
- Keeping an eye on the horizon

Setting ourselves up correctly for virtual working: The right tools, technology, processes and meeting practices to get the best of your people and time